Falls Prevention Alliance Australia

Dear [Member of Parliament's name],

I am writing as a constituent in your electorate and a supporter of the **Falls Prevention Alliance Australia** to encourage greater action on falls prevention.

Falls are a major public health issue in Australia, with one in three older Australians experiencing a fall each year, costing the healthcare system $5.7 billion. Falls can have a significant impact on people's health, independence and quality of life, as well as placing considerable pressure on our health system and communities.

> ***Add a personal story or experience here -*** *You might like to share your own experience of a fall, how it has affected someone you know, or why falls prevention is important to you.*

We have the opportunity to support the work of the Falls Prevention Alliance Australia and its call for greater government action to prevent falls and keep Australians healthy, active and independent as they age.

The Alliance's Call to Action outlines key recommendations, including:

- A national falls prevention awareness campaign
- A National Action Plan for falls prevention
- Better access to evidence-based falls prevention programs, including strength and balance exercise

I encourage you to read the Alliance's Call to Action and consider how you can support these recommendations and help make falls prevention a national priority.

I would welcome hearing your thoughts on what action can be taken to address this important issue.

Thank you for your time.

Kind regards,

[Full name]

[Suburb / Electorate]

www.fallspreventionalliance.org.au

November 2026